



SUPPORT AND CONNECTION FOR VETERANS, ACTIVE MILITARY, FIRST RESPONDERS AND THEIR FAMILIES.

Set on a serene horse farm, the Military Family Center provides encouragement and assistance through:

- **Equestrian activities** that provide unique experiences helping participants build trust and self-esteem, learn coping skills, gain new knowledge, and create positive social networks.
- Access to professional **counseling services** on-site in the relaxed, pastoral setting of the farm.
- Individualized **exercise programs** offered by a certified professional to support overall wellness.
- Regular **family activities** and kids' programs.
- Use of the facilities for other wellness, support, and veteran-oriented activities.

All services are at no cost.





MFC staff provide individualized and group activities that are proven effective in improving the lives of individuals coping with post-traumatic stress, brain injury, depression, and other challenging conditions.

The Military Family Center is open for tours the first Saturday of every month, 9am-12pm.

5495 Meese Rd.
Louisville,
OH 4641



Please visit our website or follow us on Facebook for the most up-to-date information and current events.

MilitaryFamilyCenter.org | 330.871.8900 | @MilitaryFamilyCenter